|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to eat at least five servings of fruit and/or vegetables each day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 199 | 26.8 | 18.1 - 37.8 | 509 | 24.5 | 18.7 - 31.3 | 708 | 25.1 | 20.1 - 30.8 |
| 30-44 | 278 | 32.4 | 23.9 - 42.3 | 565 | 28.7 | 22.4 - 36.0 | 843 | 29.9 | 24.7 - 35.7 |
| 45-59 | 135 | 25.8 | 14.7 - 41.2 | 257 | 28.2 | 17.7 - 41.8 | 392 | 27.4 | 18.7 - 38.2 |
| 45-69 | 126 | 48.7 | 38.6 - 59.0 | 283 | 44.3 | 37.1 - 51.6 | 409 | 46.2 | 40.1 - 52.3 |
| 60-69 | 60 | 17.9 | 6.0 - 42.5 | 163 | 23.1 | 13.9 - 35.9 | 223 | 20.8 | 12.5 - 32.6 |
| **Total** | **798** | **31.2** | **26.2 - 36.8** | **1777** | **28.2** | **24.5 - 32.2** | **2575** | **29.2** | **26.0 - 32.5** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 478 | 25.0 | 18.9 - 32.3 | 1134 | 26.2 | 21.4 - 31.6 | 1612 | 25.9 | 21.8 - 30.3 |
| Urban | 320 | 40.5 | 32.9 - 48.7 | 643 | 32.7 | 27.7 - 38.2 | 963 | 35.8 | 31.3 - 40.5 |